

The following list provides the broad scope of services that may be offered in our health centers (not a complete list). Services are dependent on state regulations or other necessary requirements.

<b>Primary &amp; preventive care</b> <ul style="list-style-type: none"> <li>• Blood pressure and vitals screenings</li> <li>• Annual and sports physicals</li> <li>• Men's and Women's health</li> <li>• Basic health risk questionnaire</li> <li>• Health promotion and lifestyle tips</li> <li>• Cancer screenings</li> <li>• Reproductive health</li> <li>• SDOH screening/resources</li> <li>• Pediatric care</li> </ul>	<b>Urgent care</b> <ul style="list-style-type: none"> <li>• Acute illness visits for common conditions like cough, cold, flu, allergies, sprains/strains, urinary tract infection, acute GI and stomach symptoms</li> <li>• Basic eye, ear and asthma/pulmonary treatments</li> <li>• Wound closure (sutures/wound glue), suture/staple removal, incision and abscess drainage, skin tag/wart removal</li> <li>• Work-related injury triage</li> <li>• Pediatric acute care for ages 2+</li> </ul>	<b>Condition management</b> <ul style="list-style-type: none"> <li>• Treatment and education across the spectrum of common chronic conditions like diabetes, high blood pressure, high cholesterol, asthma/COPD, and thyroid issues</li> <li>• Symptom monitoring, testing, labs and prevention</li> <li>• Medication management</li> </ul>
<b>Mental health</b> <ul style="list-style-type: none"> <li>• Anxiety, depression and tobacco screenings</li> <li>• Appointments for stress, anxiety, depression, sleep</li> <li>• Medication management</li> <li>• Referral navigation and care coordination with specialized providers as appropriate</li> </ul>	<b>Onsite labs, immunizations &amp; testing</b> <ul style="list-style-type: none"> <li>• Lab services for glucose, lipids, urinalysis, pregnancy, cholesterol, hemoglobin A1C, and other standard blood work panels</li> <li>• External lab requests</li> <li>• Rapid testing for step, flu, mono and COVID-19</li> <li>• Immunizations for Hepatitis A &amp; B, HPV, Influenza, Meningococcal, Pneumococcal, Shingles, Tetanus, COVID-19</li> </ul>	<b>General wellness</b> <ul style="list-style-type: none"> <li>• Wellness library with toolkits, webinars, workshops and challenges that promote a healthy lifestyle</li> <li>• Nutrition, exercise, healthy habits and behavior change support from primary care provider</li> <li>• Wellness programs</li> </ul>
<b>Value-driven referral management</b> <ul style="list-style-type: none"> <li>• Primary care integrated specialist consultations (e-consults) to avoid unnecessary specialty care utilization</li> <li>• Concierge, high-touch referral navigation support for when a patient needs services beyond primary care</li> <li>• Data driven navigation to in-network specialists using advanced analytics focused on cost and quality</li> </ul>	<b>Incentive management</b> <ul style="list-style-type: none"> <li>• Wellness programs accessible via Marathon's patient portal</li> <li>• Designated wellness expert that partners with the client to design, implement and manage tailored incentive programs</li> <li>• Standard reporting to monitor program traction, goal achievement, and understand trends</li> </ul>	<b>Onsite dispensing &amp; home delivery</b> <ul style="list-style-type: none"> <li>• Comprehensive medication management solution with onsite dispensing of 120 common medications and home delivery</li> <li>• High performance formulary including specialty medications<sup>1</sup></li> <li>• Direct to patient counseling with primary care provider on medication questions/concerns</li> </ul>
<b>After hours support</b> <ul style="list-style-type: none"> <li>• Access to RN triage service for urgent care needs after operating hours</li> <li>• At home care instructions</li> <li>• Escalation to ER for urgent needs as appropriate</li> </ul>	<b>Patient portal &amp; mobile app</b> <ul style="list-style-type: none"> <li>• Available 24/7</li> <li>• Access to personal health record</li> <li>• Provider messaging</li> <li>• Prescription management/refill request</li> <li>• Schedule and manage appointments</li> <li>• View upcoming and past appointments</li> </ul>	<b>Centralized patient support</b> <ul style="list-style-type: none"> <li>• Convenient access via phone, portal message, email and fax</li> <li>• Support with: <ul style="list-style-type: none"> <li>• Appointment scheduling</li> <li>• Tech support for portal &amp; mobile app</li> <li>• Incentive questions</li> <li>• Incentive form entry</li> <li>• Medication refill requests</li> <li>• Transfer to health centers as needed</li> </ul> </li> </ul>